

Medical Emergency

CALL 911 BEFORE beginning CPR.

Survey the Scene – Ask...“What happened?” “Is it safe?”

Check for Responsiveness – Ask..“Are you okay?” Is the victim unconscious?

CALL FOR HELP

Position victim to:

Open Airway Head tilt/Chin lift method

Check for Breathing-Place ear near victim’s nose, look for chest to rise for 3-5 seconds, then look and listen for breathing.

Check for Signals of Circulation – Feel for pulse – place index and middle finger on victim’s adams apple, slide fingers into grooves on side of neck closet to you. Feel for pulse for 5-10 seconds.

IF VICTIM IS NOT BREATHING AND YOU FIND NO PULSE, START CPR, IF TRAINED.