

Attention Hardworking Heroes!

Your dedication keeps our farms flourishing, but your health is your greatest asset! Protect yourself and your family by staying current on your adult vaccinations.

Here's why it's Important:

Vaccines keep you thriving by:

- Boosting your immune system against seasonal flu.
- Guarding against tetanus, diphtheria, and pertussis (whooping cough).
- Shielding you from human respiratory syncytial virus (RSV).
- Defending against COVID-19 and its variants.

Why Vaccinations Matter:

- They help us stay healthy and resilient all year round.
- They protect your family, friends, and fellow workers.

Take action now:

- Schedule your flu shot and COVID-19 vaccinations.
- Mark your calendar for regular doctor visits.
- Share this message with your farm community.

Don't let preventable illnesses derail your hard work and dreams. Stay protected, stay productive, and keep our farms thriving!

Stay Strong, Stay Healthy, Stay Vaccinated!

The Extension Foundation, in cooperation with the Extension Committee on Organization and Policy, through an Interagency Agreement with the USDA National Institute of Food and Agriculture and the Centers for Disease Control and Prevention (CDC) are funding the Cooperative Extension System to address health disparities among rural and other underserved communities. This initiative is called the Extension Collaborative on Immunization Teaching & Engagement (EXCITE). North Carolina A&T State University is an equal opportunity provider.

HEALTH CARE
CLINIC

FARMWORKER
HEALTH CLINIC MAP

ADULT VACCINE
CHART



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EXTENSION**