



**NORTH CAROLINA
AGRICULTURAL AND TECHNICAL
STATE UNIVERSITY**

North Carolina Council of Graduate Schools (NCCGS) Annual Meeting



Hosted by: The Graduate College at
North Carolina Agricultural and Technical
State University

Friday, November 10, 2023
Proximity Hotel
Greensboro, NC

Website:



2023 NCCGS ANNUAL MEETING SPONSORS



EdVision



WI-FI ACCESS

To connect:

1. Open your device's wi-fi settings and select the Proximity Hotel option. This will take you to the hotel's login page.
2. On the login page, accept the terms & conditions for complimentary wi-fi.
3. Press the 'connect' button for complimentary high speed wireless internet.

If your internet browser does not prompt you to the login page, please contact the Proximity Hotel Front Desk Team.

AGENDA OVERVIEW

8:00-8:30am Weaver Room	<p>Registration</p> <p>Breakfast</p>
8:30-9:30am Weaver Room	<p><u>Welcome Remarks</u> Clay Gloster, Jr. (N.C. A&T)</p> <p><u>Plenary Session I</u> Unleashing the Power of ChatGPT: Conversations in the Age of AI</p> <p>Greg Bell (UNC-G) & Stephanie Schmitt (UNC-CH)</p>
9:30-9:45am	Break
9:45-10:45am	Breakout Sessions (I)
Weaver Room	<p><u>Session I-A</u> The Power of Working Together: The Process of Reallocating Tuition Waiver Dollars at UNC-G</p> <p>Greg Bell (UNC-G)</p>
White Oak 1&2	<p><u>Session I-B</u> Empowering Graduate Students' Career Development: The Accelerate to Industry (A2i) Initiative</p> <p>Ängela Bonner (Duke), Jill Huerta (UNC-C), Kelly Rownd (NCSU), & Rhonda Sutton (NCSU)</p>
White Oak 3&4	<p><u>Session I-C</u> Enhancing Academic Integrity in Graduate Education</p> <p>Katherine Hall-Hertel (UNC-C) & Dr. Sandra Krause (UNC-C)</p>

10:45-11:00am	Break
11:00am-12:00pm	Breakout Sessions (II)
Weaver Room	<p><u>Session II-A</u> Assistantship Administration: Best Practices, Ideas, and Tips</p> <p>Kathy Cox (ECU), Julie Goodliffe (UNC-C), & Savita Sharma (NCSU)</p>
White Oak 1&2	<p><u>Session II-B</u> Enhancing Power with Successful Fundraising and Development Strategies</p> <p>Peter Harries (NCSU)</p>
White Oak 3&4	<p><u>Session II-C</u> Quashing Quiet Quitting: Applying Deci and Ryan's Self-Determination Theory to Empower Graduate Studies Staff</p> <p>Sydney Brown (Gardner-Webb) & Jennifer Putnam (Gardner-Webb)</p>
12:00-1:00pm	Lunch
Weaver Room	
1:00-2:00pm	<p><u>Plenary Session II</u> Maximizing Impact: Developing Postdoc Programs for Researcher and Institutional Excellence</p> <p>LaRico Treadwell (Sandia National Laboratories, E⁴ Consulting)</p>
Weaver Room	
2:00-2:15pm	Break

2:15-3:15pm	Breakout Sessions (III)
Weaver Room	<p><u>Session III-A</u> Empowering Graduate Student Engagement through NCCGS: Strategies from Graduate Student Association Representatives</p> <p>Kiera Alston (NCCU), Jazmine Cuffee (ECSU), Chazzlyn Jackson (NCSU), Tia Pope (N.C. A&T), & Acacia White (ECU)</p>
White Oak 1&2	<p><u>Session III-B</u> The Supreme Court Admissions Decision: Open Forum on Campus Responses</p> <p>Elizabeth Mayer-Davis (UNC-CH), Kathy Cox (ECU), & Lindsay Gentile (NCSU)</p>
White Oak 3&4	<p><u>Session III-C</u> Healthy Boundaries: A Gateway to Self-Care</p> <p>Tremia Barnard (N.C. A&T Counseling Services) & Robin Campbell (N.C. A&T Counseling Services)</p>
3:15-4:00pm White Oak 1&2	<p>NCCGS Annual Business Meeting (Treasurer's Report, President's Report, & Elections)</p> <p>*Everyone is welcome to attend the Business Meeting*</p>

SESSION DETAILS AND PRESENTER BIOS

8:30-9:30am

Plenary Session I

Weaver Room

Unleashing the Power of ChatGPT: Conversations in the Age of AI

Abstract: Join us for an interactive discussion about the use of generative artificial intelligence (AI) and its impacts on graduate education. We will discuss how faculty and graduate students should consider the uses of generative AI tools and the implications for research and teaching. We will also facilitate discussion about the considerations for graduate school administrators in this evolving area.

Greg Bell, Dean, UNCG Graduate School: Dr. Bell is a tenured professor of mathematics in the Department of Mathematics and Statistics and received his Ph.D. from the University of Florida. He was a VIGRE postdoc at Penn State and joined the UNCG faculty in 2005. From 2017, he served as the Associate Dean of the Graduate School. In the Spring of 2023, Dr. Bell became the Dean of the Graduate School and brings a demonstrated commitment to diversity, equity, and inclusion, together with a long record of service at UNCG and the statewide NC Council of Graduate Schools.



Stephanie Schmitt, Vice Dean, UNC-Chapel Hill Graduate School: Dr. Schmitt has served in various roles at the UNC-Chapel Hill Graduate School since 2004, coordinating academic affairs initiatives like new degree and certificate development, the campuswide program review process and oversight for academic policies. She earned her Ph.D. in Public Policy and Master of Public Administration from Carolina. She has a long record of campus service at UNC-CH and the statewide NC Council of Graduate Schools.



9:45-10:45am

**Breakout Session I-A
Weaver Room**

The Power of Working Together: The Process of Reallocating Tuition Waiver Dollars at UNCG

Abstract: Graduate programs change quickly and without periodic review, tuition waiver dollars can't keep up with these changes. In 2022, the Graduate School at UNCG was charged with reallocating tuition waiver dollars in a collaborative, transparent way that is sustainable, efficient, and effective. In this session, we will examine this process.

Greg Bell, Dean, UNCG Graduate School: Dr. Bell is a tenured professor of mathematics in the Department of Mathematics and Statistics and received his Ph.D. from the University of Florida. He was a VIGRE postdoc at Penn State and joined the UNCG faculty in 2005. From 2017, he served as the Associate Dean of the Graduate School. In the Spring of 2023, Dr. Bell became the Dean of the Graduate School and brings a demonstrated commitment to diversity, equity, and inclusion, together with a long record of service at UNCG and the statewide NC Council of Graduate Schools.



9:45-10:45am

**Breakout Session I-B
White Oak 1&2**

Empowering Graduate Students' Career Development: The Accelerate to Industry (A2i) Initiative

Abstract: The main goal of this presentation to the NCCGS is to provide an overview of the A2i program, how the partnership with our academic partner institutions has worked, and the results we have seen from the A2i programs held at Duke University and North Carolina State University.

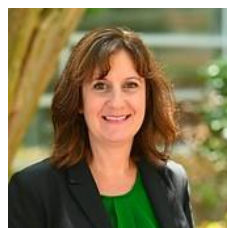
Ängela Bonner, Associate Director, Career Readiness Duke University Career Center: A native of Winston-Salem, NC, Ängela received a Bachelor of Arts in Athletic Training from the University of North Carolina Wilmington in 2005 where she was also a Student-Athlete on the Track & Field Team. She continued her education, earning a Master of Science in Athletic Administration from North Carolina Central University in 2007.



Currently, Ángela serves as an Associate Director of Career Readiness in the Duke Career Center. She manages day-to-day operations and career development programming, including the Accelerate to Industry (A2i) program that assists PhD students seeking to change their career trajectory from academia to industry. Her previous role as an Assistant Director allowed her the opportunity to manage the Education, Government, Non-Profit and Policy Career Community along with implementation of both the career center and student affairs unit events.

While pursuing her Master's, she had dual roles within the athletic department's Sports Medicine and Compliance units. After completing her studies, she worked with the NCCU Student-Athlete Academic Support Services. Her interest in student academic success and development propelled her into academic advising and program development for first-time freshmen, sophomore, and transfer students that spanned ten years. While at NCCU, she served in various capacities under University College, culminating as the Interim Academic Advising Coordinator for University College. Ángela is passionate about creating access and opportunities for students and truly enjoys engaging with them as they construct their pathway to success!

Jill Huerta, Ph.D., Assistant Dean and Director, The Reynolds Center for Graduate Life and Learning; Graduate Program Director, Certificate in Workplace Competencies, The Graduate School at UNC Charlotte: Dr. Jill Huerta joined UNC Charlotte in 2018 from the University of Michigan's Ross School of Business. At Michigan, she managed MBA recruitment and admissions for the Latin America, Europe, and U.S. regions, built partnerships with companies and non-profits, and created and executed professional development programming. As a business historian, Dr. Huerta has taught U.S. History for more than a decade. Her educational background includes a bachelor's degree in Economics from the University of Michigan and a doctorate in U.S. Business History from Michigan State University, where her research analyzed the politics behind late 20th-century U.S. banking regulation.



Kelly Rownd, Director of Career Readiness, The Graduate School at NCSU: Kelly joined the North Carolina State University (NCSU) Graduate School in July 2023 as the Director of Career Readiness, where she builds a culture of career for graduate students and postdoctoral scholars in holistic career development, specifically through the A2i program. Prior to NCSU, Kelly worked at Louisiana State University (LSU) for 7 years, serving in various roles within the Olinde Career Center and Enrollment Management Office to empower and equip students and alumni in their career exploration and



preparation. Kelly holds a B.S. in Sports Administration from LSU and a M.Ed. in Educational Leadership & Policy Analysis from the University of Missouri.

Rhonda Sutton, Ph.D., Assistant Dean for Professional Development, The Graduate School at NCSU: Dr. Rhonda Sutton is the Assistant Dean for Professional Development in the Graduate School at North Carolina State University. She has served in higher education administration for over 20 years at NC State University as the second director for the Women's Center, an assistant vice provost in the former Office for Equal Opportunity, the first director of the Office of Postdoctoral Affairs, and the Director of Leadership Programs in the College of Agriculture and Life Sciences. Dr. Sutton is a licensed mental health counselor in the state of North Carolina; she has worked in counseling settings in higher education, private practice, and at a mental health hospital. She received her B.A. from Appalachian State University in Business Administration and her Master's and Ph.D. in Counselor Education from NC State University.



9:45-10:45am
Breakout Session I-C
White Oak 3&4

Enhancing Academic Integrity in Graduate Education

Abstract: Academic Integrity policies and practices differ by institution. Graduate Schools that oversee policies specific to graduate students may have more effective practices than those with more general codes of conduct. At UNC Charlotte, a hybrid approach is being developed. Through a case study discussion, we will facilitate a discussion of creative ideas and best practices for building strong cultures of academic integrity in graduate education.

Katherine Hall-Hertel is the Associate Dean for Graduate Academic and Student Affairs at UNC Charlotte. Her career includes stints in student affairs and legal education before transitioning to graduate education. Dr. Hall-Hertel advocates for holistic support for graduate students, which includes transparent academic policies and practices. She is a past chair of the Administrators in Graduate and Professional Student Services community with NASPA. Currently, she serves as the VP for Advocacy with the NC Council of Graduate Schools.



Sandra Krause has nearly 30 years of experience in higher education. Dr. Krause has extensive experience in graduate education, ranging from program coordination and management to serving as Director of Graduate Admissions at Appalachian State University. Currently, she holds the position of Assistant Dean for Graduate Academic Services at Charlotte. She also brings a decade of international experience in a variety of settings.



11:00am-12:00pm
Breakout Session II-A
Weaver Room

Assistantship Administration: Best Practices, Ideas, and Tips

Abstract: Graduate assistantships are a key component of the graduate school experience and take considerable staff and faculty time to award and administer. This panel discussion will feature two UNC System institutions who will discuss their best practices for administering graduate assistantships at their institutions. Panelists will share their institution's efficiencies, processes, and practices for ensuring smooth awarding and processing of teaching, research, and administrative assistantships for their graduate students. Following their presentations, a moderator will help engage the audience in a question-and-answer session so attendees can continue to hear ideas and practices that could help at their own institution.

Kathleen T. Cox, Ph.D., is currently serving as Interim Dean of the Graduate School at East Carolina University. Previously, she served as an Associate Dean in the Graduate School. She started her career at ECU in 1996 as a faculty member in the Department of Communication Sciences and Disorders as a graduate speech-language pathology faculty member. She is currently President-Elect of NCCGS and will serve as President in 2024.



Julie Goodliffe, PhD is Assistant Dean for Funding and Research in the Graduate School at the University of North Carolina Charlotte, helping graduate students pay for their education and research. Her group provides over \$15 million in tuition and stipend support, manages employment contracts for 3,000 graduate assistants on campus, and runs competitive, internal fellowship programs for summer support. Dr. Goodliffe serves as a reviewer for the National



Science Foundation, and uses that experience to train and support students as they apply for fellowships and grants. Dr. Goodliffe began her career as a scientist, earning her Ph.D. at Johns Hopkins and first joining UNC Charlotte as Assistant Professor of Biology. After successfully funding her research laboratory and graduating 5 graduate students from her program, Dr. Goodliffe earned an MBA from UNC Kenan-Flagler Business School and joined the Graduate School as an administrator. From her experience with grant funding and all sides of graduate education, Dr. Goodliffe understands the challenges students, faculty, and administrators face. Her time in business school helps her see the world in new ways and work to align incentives and support students and faculty.

Savita Sharma is the Assistant Dean for Finance, Operations, and IT at the NCSU Graduate School. In her role, she provides leadership over the Graduate Assistantship, Graduate student financial support, and Graduate student data functions. She also provides strategic guidance over the Graduate School finance and HR functions. Before joining NCSU, Savita was the Chief of Staff to the Vice President for Finance and CFO at Virginia Tech. She is passionate about process assessment and improvement to provide exceptional customer service efficiently.



11:00am-12:00pm
Breakout Session II-B
White Oak 1&2

Enhancing Power with Successful Fundraising and Development Strategies

Abstract: This session will explore how graduate schools can engage in donor cultivation and philanthropy. This will include ways to partner with central advancement, different approaches to garnering external support, and some of the issues/challenges faced that are unique to the graduate sphere.

Peter Harries currently serves as the Dean of the Graduate at NC State and is dedicated to promoting and advocating for graduate education and graduate students across the university and beyond. Since arriving at NC State in 2015, Dr. Harries has been working with partners across the institution to continue the evolution of the institution's graduate programs and advocating on issues critical to that development. Harries started his administrative career as an



Interim Associate Dean in the Graduate School at USF in 2011. He continued in that role until moving to NC State as Senior Associate Dean in 2015. He received his Bachelor's of Science in Geology & Geophysics with Honors in 1984 from Yale University and the University of Colorado, Boulder for his PhD. He started his academic career at the University of South Florida (USF), Tampa, initially as a Visiting Assistant Professor, was hired as an Assistant Professor in 1993, and advanced through the ranks to become a Full Professor. As a faculty member at USF, he received university-wide teaching and research awards. His research focuses on invertebrate paleontology, especially the biotic response to mass extinction events, and comparing biotic responses to green- and icehouse climates.



11:00am-12:00pm
Breakout Session II-C
White Oak 3&4

Quashing Quiet Quitting: Applying Deci and Ryan's Self-Determination Theory to Empower Graduate School Staff

Abstract: Graduate studies staff play a critical role in supporting graduate students' academic goals. However, they often face challenges such as burnout, lack of control over their work, and difficulty in maintaining work-life balance. This presentation will center on the use of self-determination theory (SDT) as a strategy to support individuals working in graduate studies (Deci & Ryan). Applying this theory can help create a more motivated, engaged, and committed workforce that is better equipped to support graduate students in achieving their academic and professional goals.

Sydney Brown is Dean of the Gayle Bolt Price School of Graduate Studies and a professor in the College of Education at Gardner-Webb University. She is a triple-heel UNC-Chapel Hill alumna with a BA in Education, M.Ed. in Literacy Studies, and a Ph.D. in Culture, Curriculum, and Change. Her research involves strengths-based leadership and supporting doctoral students through the dissertation process. She has served as Dean since 2018.



Jennifer Putnam is Associate Dean of the College of Education at Gardner-Webb University and coordinator of the doctoral program in curriculum and instruction. She has served in these roles since 2018. She received her BS and MA in Elementary Education from Appalachian State and her EdD in Curriculum and Instruction from Gardner-Webb. Her research involves motivation, teacher leadership, and facilitating positive, sustainable change.



1:00-2:00pm
Plenary Session
Weaver Room

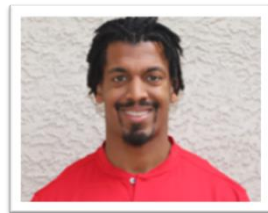
Maximizing Impact: Developing Postdoc Programs for Researcher and Institutional Excellence

Abstract: Postdoctoral researchers (postdocs) are an integral part of the research enterprise in academia and industry. They comprise a pool of highly trained and qualified researchers who work in laboratories and research groups led by principal investigators (PIs) who supervise their work. In recent years, there has been increased attention on the management and training of postdocs to ensure their successful tenure. This seminar will explore strategies and best practices for effectively managing, training, and developing postdocs as detailed below, accompanied by a discussion of what constitutes a successful postdoc tenure.

- 1) Training and Development of postdocs: This is an essential aspect of managing postdocs as it can enhance their skills, expand their knowledge base, and increase their productivity. The training and development provided to postdocs should be tailored to their specific career plans, interests, and goals. These may include technical and soft skills training, networking opportunities, international collaborations, and participation in conferences and workshops,
- 2) Postdoc Management (i.e., recruitment, selection, orientation, mentoring, and supervision): Effective supervision of postdocs entails proper orientation, intentional goal setting, and mentoring along with the provision of feedback and regular communication to ensure that the postdoc is making optimal progress towards achieving his or her goals.
- 3) Postdoc Tenure: Factors that contribute to a successful postdoc tenure include a clear research agenda, an effective transition to an independent

research career (whether in academia or industry), an active publication record, and effective mentoring relationships.

LaRico Treadwell, Ph.D. (PI, Advanced Materials Laboratory; Chemist) is a Senior Member of Technical Staff in the Advanced Materials Laboratory at Sandia National Laboratories. Dr. Treadwell has a B.S. in Chemistry from the University of Mississippi and a Ph.D. in Inorganic/Solid State Chemistry from Louisiana State University, where he studied metal and



ceramic structure property relationships in physics-related phenomena (i.e., spin glass, magnetic frustration, heavy fermion). While at Sandia, he helped develop new capabilities to synthesize new materials from the nano to micro scale utilizing microwave, thermal, air-free, and high-pressure techniques. He has also helped develop advanced fabrication and processing techniques to make reinforced composites, nanocomposites, and metal alloys/oxides for DOE and Nuclear enterprise programs. He is currently involved with several research projects including the development of 3D printed corrosion sensors, nano-filled hybrid 3D printed materials, fabrication of autonomous smart devices, thermoelectric/metamaterials, and reinforced/nano composite fabrication. He has published over 30 publications and is named on over 15 patents.

Dr. Treadwell is the CEO of E4 Consulting. E4 Consulting provides interactive and informative consultation on education, engagement, empowerment, and elevation to schools, organizations, businesses, and all entities to intentionally grow the number of minorities, 1st generations, and underrepresented in STEM, J.D., and Higher Education Success. Consulting services range from grant writing to professional development with all employment levels as the team applies expertise and innovative strategies to identify and tackle complex organizational challenges, bridging the gap in Academic and Professional sectors.

In addition to technical roles, Dr. Treadwell is a husband and father of five and actively participates in several community support activities to encourage the youth to pursue careers in STEM, with a special focus on encouraging excitement around Chemistry.



2:15-3:15pm

Breakout Session III-A

Weaver Room

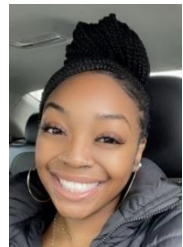
Empowering Graduate Student Engagement through NCCGS: Strategies from Graduate Student Association Representatives

Abstract: Join our panel discussion as we explore innovative approaches to foster meaningful engagement among graduate students using the National Consortium for Graduate Students (NCCGS). Our graduate student leaders will share insights into leveraging the resources and opportunities NCCGS provides to enhance graduate student experiences, academic growth, and professional development. Discover practical methods and success stories that aim to strengthen the graduate student community and cultivate a supportive environment for diverse scholarly pursuits.

Kiera Alston is a Master of Clinical Psychology candidate at North Carolina Central University (NCCU), serving in the role of President of the Graduate Student Association for the academic year of 2023-2024. Her role as President entails the responsibility of representing and advocating for the interests of graduate students at the university. She has previously served in the role of Vice President of GSA, where she gained valuable experience in leadership and collaboration. Beyond her involvement with GSA, she is a Graduate Admissions Specialist and holds the position of Chair of NCCU's Student Affairs Committee. In this role, she plays a pivotal part in shaping policies and initiatives that increase graduate recruitment and retention rates while positively impacting the well-being and academic journey of NCCU graduate students.



Jazmine Cuffee resides in Chesapeake, Virginia and is the youngest of four children. She is the first child from her family to attend college and pursue a higher education in an intensive field of study. Growing up, her family used to call her "bookworm" or "TreeHugger" due to her love for school, nature, and science. During her high school years, Jazmine's love and curiosity for science grew immensely as she learned about life's beauty. Not too long after, she put her passion for science into action by wanting to find a career within the medical field. At the start of college, Jazmine knew she wanted to become a pediatrician and began fulfilling the requirements for medical school. In an attempt to make her application for medical school look more appealing and versatile, she became interested in conducting research as a professor's mentee. However, she did not know that she would develop a desire for research, specifically cancer research. Four years later, Jazmine is still



dedicated to cancer research geared to help those in need suffering from this disease. She is currently a grad student at the illustrious Elizabeth City State University, where she is set to graduate this December with her Master's. Her ultimate career goal is to obtain a Ph.D. in cancer research with the intent of discovering a cure for cancer. In her free time, Jazmine can be found binging her favorite TV shows, going on nature walks, or planning her next life adventure.

Chazzlyn Jackson is originally from Cleveland, Ohio, and completed her undergraduate career at Kent State University in the spring of 2022. There, she received her B.A. in Pan-African Studies with a minor in Sociology. Now attending NC State, she has begun her second year as a Ph.D. student in Sociology with a concentration in Race, Racism, and Anti-Racism. Her primary research interests include the evolution of Black placemaking, comparing the historic process to today's with the creation of digital technology.



Within her first year, she served as a Senator for Graduate and Lifelong Education on Student Government (SG), representing graduate students within the legislative branch to create and vote on legislation. She additionally Chaired SG's Select Department on Mental Health Intervention (MHI), where she led research, and the collected data was formalized into recommendations for the University to implement. Today, Chazzlyn serves as the Vice President of External Affairs for NC State's Graduate Student Association (GSA). In this role, she continues the work of graduate student advocacy by working closely with University leadership and keeping GSA apprised of pre-professional development and academic enrichment such as Legislative Advocacy Days.

Tia Pope is a second-year Ph.D. student currently serving as the President of the Graduate Student Association at North Carolina A&T. Tia's academic and professional journey has led her to pursue a doctorate, reflecting her dedication to advancing knowledge and contributing to cybersecurity and tech fields. As the President of the Graduate Student Association, Tia is committed to representing and advocating for the interests of her fellow graduate students, fostering a supportive academic community, and promoting opportunities for personal and professional growth. This leadership role allows Tia to engage with various aspects of university life while striving to enhance the overall graduate student experience.



Acacia White is a fourth-year Ph.D. student at East Carolina University, currently working under the direction of Dr. Sriramula in the Department of Pharmacology and Toxicology. Her research is focused on understanding the role of kinase I, a constitutively active carboxypeptidase that synthesizes agonists for the kin in Bl receptor from bradykinin and kallidin, in neurogenic hypertension. While at ECU, she has filled several roles as the Philanthropy Chair of the Brody Graduate Association (BGA), the Graduate Student Ambassador for the American Physiological Society (APS) 2023-2025, and mentored several undergraduate students. Her passion in life is to help others through her contributions to research in the field of hypertension, community service, and mentoring others. She is a recent HBCU graduate of both Winston-Salem State University, where she completed her undergraduate studies, and North Carolina Central University, where she completed her Master's degree and began researching the pathology of hypertension. She is happy to share/collaborate ideas and information to make valuable network connections and improve the quality of and access to graduate education in North Carolina.



2:15-3:15pm
Breakout Session III-B
White Oak 1&2

Supreme Court Admissions Decision: Open Forum on Campus Responses

Abstract: The session will provide an opportunity to share initial actions to comply with the decision, initial reactions by faculty, staff, and students to the decision, and plans for the future.

Elizabeth "Beth" Mayer-Davis, Ph.D., RD, is the Dean of The Graduate School and the Cary C. Boshamer Distinguished Professor of Nutrition and Medicine. She has focused her career on diabetes, including the epidemiology and natural history of type 1 and type 2 diabetes in children and adults. Throughout her career, Dean Beth Mayer-Davis has mentored numerous graduate students. She is committed to diversity, equity, and inclusion and ensuring that our graduate students have access to professional development and mental health and well-being tools to support them during their time at Carolina.



Dean Mayer-Davis believes that graduate students are emblematic of innovation made fundamental and are capable and prepared to address humanity's greatest challenges. Simply put, graduate students are pivotal to how Carolina powers its economic and research engine—reaching all areas of our state through research, teaching, and public service. Under her leadership, The Graduate School supports graduate students and champions graduate education in our state.

Formerly the chair of the Department of Nutrition at the UNC Gillings School of Global Public Health, she also co-directs the Nutrition Obesity Research Center. An accomplished scholar, she is the principal investigator for the Carolina site of the SEARCH for Diabetes in Youth study, and she serves as the national co-chairperson for a large multi-center study. She has served on the University's Faculty Executive Committee for several years. Dean Mayer-Davis serves as principal investigator for a National Institutes of Health Nutrition for Precision Health Consortium initiative and has received additional funding from the NIH to promote diversity in nutrition, obesity, and diabetes research. She is active in the American Diabetes Association and was the 2011 president for Health Care and Education for the Association.

Dean Mayer-Davis was recently appointed to the 2020 Dietary Guidelines Advisory Committee by the Secretary of the USDA and the Secretary of the U.S. Department of Health and Human Services. She has also served as an appointee of President Obama on the Advisory Group on Prevention, Health Promotion, and Integrative and Public Health.

Education

Ph.D., Epidemiology, University of California, Berkeley, 1992

Master of Public Health (with honors), University of Colorado School of Medicine, 1986

B.S., Dietetics, University of Tennessee, 1980

Kathleen T. Cox, Ph.D., is currently serving as Interim Dean of the Graduate School at East Carolina University. Previously, she served as an Associate Dean in the Graduate School. She started her career at ECU in 1996 as a faculty member in the Department of Communication Sciences and Disorders as a graduate speech-language pathology faculty member. She is currently President-Elect of NCCGS and will serve as President in 2024.



Lindsay Gentile is the Director of Admissions in the Graduate School at NC State. She has served in this role since 2010 and has been at NC State for almost 20 years. She has been involved in many system implementations at State and led the implementation of Slate for the Graduate School in 2018.



2:15-3:15pm
Breakout Session III-C
White Oak 3&4

Healthy Boundaries: A Gateway to Self-Care

Abstract: Healthy Boundaries is the foundation to Self-Care. This interactive presentation will assist you in understanding the importance of creating an individualized Self Care Plan that includes healthy boundaries. We will explore the six areas of self-care as well as types of boundaries. You will leave empowered and gain valuable tools that you can use in your personal, educational, and professional life.

Tremia Barnard holds a Master of Science in School Counseling from North Carolina Agricultural and Technical State University. She is a Licensed Mental Health Counselor Associate. She has worked as a School Counselor since 2017. Her ultimate goal is to support clients in a safe and supportive space where they can collaborate to set and reach goals. Tremia's special interests include Trauma Focused Therapy, Family and Relationship distress, and domestic violence.



She currently serves as Clinical Counselor in the Office of Counseling Services.

Robin Campbell is a Licensed Clinical Mental Health Counselor and a National Certified Counselor. She is a graduate of the University of North Carolina at Chapel Hill and North Carolina A&T State University. She brings several years of experience in College Counseling /Higher Education and has served as Director of Counseling at Bennett College as well as Salem College. Interests include Adjustment Disorders, Self-Care and Healthy Boundaries, Dating Violence, Spirituality, and Personal Growth & Wellness. She is a member of North Carolina Counseling Association, American Counseling Association, and a



Board Member of North Carolina Coalition Against Sexual Assault. She is also SAFE Zone trained.

She currently serves as Student Athletics Well-being Coordinator and Clinical Counselor for the Office of Counseling Services.

**NORTH CAROLINA COUNCIL OF GRADUATE
SCHOOLS OFFICERS FOR 2022-2023**

President:

Clay Gloster, Jr., N.C. A&T

President-Elect:

Kathy Cox, ECU

VP for Advocacy:

Katherine Hall-Hertel, UNC-C

Secretary:

Greg Bell, UNC-G

Treasurer:

Stephanie Schmitt, UNC-CH

Secretary-Elect:

Melissa Bostrom, Duke

Immediate Past President:

Chris Finelli, UNC-W

ACKNOWLEDGMENTS

We would like to thank the following individuals and organizations for their help in making the 2023 NCCGS Annual Meeting a success:

- Dean Sherine Obare and the Joint School of Nanoscience and Nanoengineering
- Culinary Visions
- Proximity Hotel
- The staff of The Graduate College at North Carolina A&T State University

North Carolina A&T State University

The Graduate College

120 Gibbs Hall
Greensboro, NC 27411

www.ncat.edu/tgc